

Broomhaugh C of E First School Menu Winter / Spring 2023

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Tomato and Basil Pasta with Garlic Bread	Chicken and Spinach Tikka Masala with Rice	Minced Beef with Yorkshire Pudding and Mashed Potatoes	Roast Gammon with Pineapple and Roast Potatoes	Fish Fingers with Chips
VEGETARIAN OPTION	As Above	Quorn Tikka Masala	Vegetarian Mince	Vegetarian Sausage	Cheese and Onion Quiche
VEGETABLES	Peas	Broccoli	Carrots and Cabbage	Peas and Sweetcorn	Baked Beans
SALAD BAR	Daily Options	Daily Options	Daily Options	Daily Options	Daily Options
DESSERT	Oaty Biscuit with Orange slice	Chocolate Cake with Chocolate Sauce	Jelly with Fruit	Jam Tart with Custard	Ginger Snap with Orange Slice

Choice of Sandwiches/Jacket Potato, Bread and fruit available daily