

# Broomhaugh C of E First School Autumn/Winter Menu 2017

## Week 1

|                   | Monday  | Tuesday   | Wednesday                              | Thursday  | Friday                             |
|-------------------|---|---|--|---|------------------------------------|
| MAIN COURSE       | Chicken and Pasta in a Tomato and Basil Sauce | Salmon Fillet in Breadcrumbs with Jacket potato | Mince and Dumplings with Mashed Potato | Sausages, Roast Potatoes, Yorkshire Pudding and Gravy | Cheese and Tomato Pizza with Chips |
| VEGETARIAN OPTION | Quorn and Pasta in tomato and basil           | Jacket Potato with Egg and Cheese Salad         | Vegetarian Mince and Dumplings         | Vegetarian Sausage                                    | As Above                           |
| VEGETABLES        | Broccoli                                      | Peas and Sweetcorn                              | Carrots                                | Carrots and Cabbage                                   | Baked Beans                        |
| SALAD BAR         | Beetroot                                      | Mixed Salad                                     | Mixed Salad                            | Pepper and Cucumber Sticks                            | Grated Carrot and Tomatoes         |
| DESSERT           | Peaches and Ice Cream                         | Apple Pie with Custard                          | Yoghurt                                | Chocolate Fudge Pudding with Topping                  | Fruity Chocolate Swirls            |

Bread is served daily. Fresh fruit is available daily.