| Food Item | Nuts | Peanuts | Eggs | Milk | Fish | Crustacean | Molluscs | Gluten | Celery | Lupin | Mustard | $\begin{gathered} \hline \begin{array}{c} \text { Sesame } \\ \text { Seeds } \end{array} \\ \hline \end{gathered}$ | Soya | Sulphur Dioxide |
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| Macaroni Cheese |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Oaty Apple and Sultana Crumble with Custard |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Fish Cake and Jacket Potato |  |  |  | x | $\times$ |  |  | $\times$ |  |  | $\times$ |  |  |  |
| Cheese and Onion Quiche |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Sponge Cake and Custard |  |  | x | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Roast Turkey with Roast Potatoes and Stuffing |  |  |  |  |  |  |  | $\times$ |  |  |  |  |  |  |
| Quorn Pieces |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |  |
| Peaches and Ice Cream with Raspberry Sauce |  |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |
| Beef and Onion Pie with Mashed Potatoes |  |  | $\times$ | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Vegetarian Mince Pie |  |  | $\times$ | x |  |  |  | $\times$ | $\times$ |  |  |  | * |  |
| Chocolate Muffin |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Sausage and Chips |  |  |  | $\times$ |  |  |  | $\times$ |  |  | $\times$ |  |  |  |
| Vegetarian Sausage |  |  |  |  |  |  |  | $\times$ |  |  |  |  | $\times$ | $\times$ |
| Melting Moment and Orange Slice |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Spaghetti Bolognaise with Garlic Bread |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Vegetarian Bolognaise |  |  |  | x |  |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |
| Strawberry Angel Delight |  |  |  | x |  |  |  |  |  |  |  |  |  |  |
| Sweet and Sour Chicken with Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Sweet and Sour |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Lemon Cake with Custard |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Roast Beef with Yorkshire Pudding and Roast Potatoes |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Vegetarian Mince |  |  |  |  |  |  |  |  | $\times$ |  |  |  | $\times$ |  |
| Coleslaw |  |  | $\times$ |  |  |  |  |  |  |  | $\times$ |  |  |  |
| Yoghurt |  |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |
| Pork Meatballs with Tomato Sauce and Pasta |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Tomato and Basil Pasta |  |  |  | $x$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Sticky Toffee Pudding with Custard |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Cheese and Tomato Pizza with Chips |  |  |  | $x$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Fairy Cake with Milk |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Tomato and Basil Pasta with Garlic Bread |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Fruity Shortbread |  |  |  | x |  |  |  | * |  |  |  |  |  |  |
| Chicken and Spinach Tikka Masala with Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Tikka Masala |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Potato Salad |  |  | $\times$ |  |  |  |  |  |  |  | $\times$ |  |  |  |
| Chocolate Cake with Chocolate Sauce |  |  | x | $x$ |  |  |  | x |  |  |  |  |  |  |
| Minced Beef with Yorkshire Pudding and Mashed Potatoes |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Vegetarian Mince |  |  |  |  |  |  |  |  | * |  |  |  | * |  |
| Jelly with Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon with Pineapple and Roast Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian Sausage |  |  |  |  |  |  |  | x |  |  |  |  | x | $\times$ |
| Jam Tart with Custard |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Fish Fingers with Chips |  |  |  |  | $\times$ |  |  | $\times$ |  |  |  |  |  |  |
| Ginger Snap with Orange Slice |  |  |  |  | $\times$ |  |  | * |  |  |  |  |  |  |
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