Broomhaugh C of E First School Menu Spring/Summer 2017

Week 1

**VEGETARIAN OPTION**

Quorn Curry

Tomato and Basil Pasta

Quiche

Vegetarian Mince Pie

Vegetarian Sausage

**MAIN COURSE**

Fish and Chips

Beef and Onion Pie with Mashed Potatoes

Roast Pork with Apple Sauce and Roast Potatoes

Chicken Curry with Rice

Pork Meatballs in Tomato Sauce with Spaghetti

Friday

Thursday

Wednesday

Tuesday

Monday

Baked beans

Peas and Carrots

Sweetcorn and Green Beans

Broccoli

Sweetcorn

**VEGETABLES**

**SALAD BAR**

Beetroot & Tomatoes

Mixed Salad

Cucumber Sticks

Mixed Salad

Carrot and Pepper Sticks

Fruity Flapjack with Milk

Oaty Apple and Sultana Crumble with Custard

Arctic Roll

Orange cake with custard

Pears with Ice-Cream with Chocolate sauce

**DESSERT**

Bread is served daily. Fresh fruit is available daily.