Broomhaugh C of E First School Autumn Menu 2020

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Chicken Fajita with Savoury Rice	Homemade Burger in a Bun with Potato Wedges and Tomato Sauce	Roast Chicken Roast Potatoes, Yorkshire Pudding, Stuffing and Gravy	Meatballs with Tomato Sauce and Spaghetti	Fish Cake and Chips
VEGETARIAN OPTION	Cheese Fajita	Vegetarian Sausage in a Bun	Quorn Pieces	Quorn Pieces in Tomato Sauce with Spaghetti	Quiche
VEGETABLES	Broccoli	Peas	Carrots	Sweetcorn	Baked Beans
SALAD BAR	Beetroot and Tomatoes	Tomato and Cucumber	Mixed Salad	Mixed Salad	Carrot and Pepper Sticks
DESSERT	Chocolate Muffin	Jelly with Fruit	Fruit Salad	Pineapple Upside Down Cake with Custard	Chocolate Crispy with Milk

Bread is served daily. Fresh fruit is available daily.