| Food Item | Nuts | Peanuts | Eggs | Milk | Fish | Crustacean | Molluscs | Gluten | Celery | Lupin | Mustard | $\begin{gathered} \text { Sesame } \\ \text { Seeds } \\ \hline \end{gathered}$ | Soya | Sulphur Dioxide |
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| Spoagetti Bolognaise |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Garlic bread |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Vegetarian Bolognaise |  |  |  |  |  |  |  | $\times$ | $\times$ |  |  |  | x |  |
| Peaches with ice cream \& chocolate sauce |  |  |  | * |  |  |  |  |  |  |  |  |  |  |
| Roast Gammon with pineapple \& new potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quiche |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Coleslaw |  |  | $\times$ |  |  |  |  |  |  |  | $\times$ |  |  |  |
| Lemon cake with custard |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Mince beef with Yorkshire puddings \& Mashed potato |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Vegetarian mince \& Yorkshire |  |  | x | * |  |  |  | * | x |  |  |  | x |  |
| Jelly with fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken pie with roast potatoes |  |  | x | $\times$ |  |  |  | * |  |  |  |  |  |  |
| Quorn pie |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Fruit salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish fingers with chips |  |  |  |  | x |  |  | $\times$ |  |  |  |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate crispie cake with milk |  |  |  | * |  |  |  | * |  |  |  |  |  |  |
| Macaroni cheese |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Fruit whip |  |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |
| Tuna melt with potato wedges |  |  | $\times$ | $\times$ | $\times$ |  |  | $\times$ |  |  | $\times$ |  |  |  |
| Cheese baguette |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |  | $\times$ |  |  |  |
| Yogurt |  |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |
| Roast chicken, roast potatoes, stuffing \& Yorkshire puddings |  |  | x | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Quorn pieces |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |  |
| Artic roll |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Chicken tikka masala with rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn curry |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |  |
| Oaty apple crumble with custard |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Cheese and tomato pizza with chips |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Fruity flapjack with milk |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Chicken \& pasta in a tomato \& basil sauce |  |  |  |  |  |  |  | $\times$ |  |  |  |  |  |  |
| Quorn pasta |  |  | $\times$ |  |  |  |  | $\times$ |  |  |  |  |  |  |
| Sponge cake with custard |  |  | $\times$ | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Pulled pork in crusty baguette with potato wedges |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Cheese baguette |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Jam tart with custard |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Sausage with Roast potatoes \& Yorkshire pudding |  |  | $\times$ | $\times$ |  |  |  | x |  |  | $\times$ |  |  |  |
| Vegetarian sausage |  |  |  |  |  |  |  | $\times$ |  |  |  |  | * | $\times$ |
| Chocolate muffin |  |  | $\times$ | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Salmon fillet in crumb with new potatoes |  |  |  | $\times$ | $\times$ |  |  | $\times$ |  |  |  |  |  |  |
| Cheesy pasta |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Fruit scones |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |


| Homemade chicken nuggets with chips |  |  | $\times$ |  |  |  |  | ${ }^{\text {a }}$ | - | $\times$ |  |  |  |  |  |  |  |
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| Quorn nuggets |  |  | $\times$ |  |  |  |  |  |  | $\times$ |  |  |  |  |  |  |  |
| Oaty biscuit with orange |  |  |  |  | $\times$ |  |  |  |  | $\times$ |  |  |  |  |  |  |  |
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