

Broomhaugh C of E First School Menu Autumn 2019

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Chicken Fajita with Savoury Rice	Turkey Baguette with Potato Wedges and Gravy	Minced Beef with Dumplings and Mashed Potato	Chicken Curry with Rice	Fish and Chips
VEGETARIAN OPTION	Quorn Fajita	Cheese Baguette	Vegetarian Mince with Dumpling	Quorn Curry	Cheese and Onion Quiche
VEGETABLES	Broccoli	Sweetcorn	Carrots and Green Beans	Sweetcorn and Green Beans	Baked Beans
SALAD BAR	Mixed Salad	Carrot and Cucumber Sticks	Mixed Salad	Pepper Sticks and Tomato	Mixed Salad
DESSERT	Rice Pudding with Raspberry Sauce	Steamed Syrup Sponge with Custard	Jelly with Fruit	Eve's Pudding with Custard	Oaty Biscuit with Orange Wedge

Bread is served daily. Fresh fruit and frozen yogurts are available daily.