| Food Item | Nuts | Peanuts | Eggs | Milk | Fish | Crustacean | Molluscs | Gluten | Celery | Lupin | Mustard | Sesame Seeds | Soya | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Spaghetti Bolognaise with Garlic Bread |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Oaty Apple and Sultana Crumble with Custard |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Chicken and Spinach Tikka Masala with Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Curry |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Steamed Sponge and Custard |  |  |  | $\times$ |  |  |  | $\times$ |  |  |  |  |  |  |
| Gammon and Pineapple with Roast Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese and Onion Quiche |  |  | x | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Chocolate Surprise Cake |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Salmon Fillet in Wholemeal Crumb with New Potatoes |  |  |  |  | x |  |  | x |  |  |  |  |  |  |
| Cheesy Pasta |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Jam Tart with Custard |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Sausage and Chips |  |  |  | $\times$ |  |  |  | x |  |  | $\times$ |  |  |  |
| Vegetarian Sausage |  |  |  |  |  |  |  | x |  |  |  |  | x | x |
| Oaty Biscuit with Orange Wedge |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Spanish Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Spanish Chicken |  |  | x |  |  |  |  |  |  |  |  |  |  |  |
| Banana Cake with Custard |  |  |  | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Pork Baguette with Potato Wedges |  |  |  | x |  |  |  | $\times$ |  |  |  |  |  |  |
| Cheese Baguette |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Chocolate Muffin |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Minced Beef and Yorkshire Pudding with Mashed Potato |  |  | $\times$ | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Vegetarian Mince |  |  |  |  |  |  |  |  | $\times$ |  |  |  | $\times$ |  |
| Ice Cream with Mandarin Oranges and Chocolate Sauce |  |  |  | $\times$ |  |  |  |  |  |  |  |  |  |  |
| Tuna Pasta Bake |  |  |  |  | x |  |  | x |  |  |  |  |  |  |
| Tomato and Basil Pasta |  |  |  |  |  |  |  | x |  |  |  |  |  |  |
| Fruity Flapjack with Milk |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Fish Fingers and Chips |  |  |  |  | x |  |  | x |  |  |  |  |  |  |
| Ginger Snap with Orange Wedge |  |  |  | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Pork Meatballs in Tomato Sauce with Spaghetti |  |  |  | x |  |  |  | x |  |  |  |  |  |  |
| Vegetarian Bolognaise |  |  |  |  |  |  |  | x | $\times$ |  |  |  | $\times$ |  |
| Arctic Roll |  |  | x | x |  |  |  | x |  |  |  |  | x |  |
| Beef and Onion Pie with New Potatoes |  |  | x | $\times$ |  |  |  | x |  |  |  |  |  |  |
| Vegetarian Mince Pie |  |  | x | x |  |  |  | $\times$ | x |  |  |  | x |  |
| Sponge Cake with Custard |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Roast Chicken with Roast Potatoes and Yorkshire Pudding and Stuffing |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Quorn Pieces |  |  | x | x |  |  |  | x |  |  |  |  |  |  |
| Jelly with Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Curry with Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish and Chips |  |  |  |  | x |  |  | $\times$ |  |  |  |  |  |  |
| Chocolate Crispy with Milk |  |  |  | x |  |  |  | x |  |  |  |  |  |  |

