

Broomhaugh C of E First School Menu Autumn 2018

Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|--|--|--|--------------------------------|
| MAIN COURSE | Spaghetti Bolognese with Garlic Bread | Chicken and Spinach Tikka Masala with Rice | Gammon and Pineapple with Roast Potatoes | Salmon Fillet in Wholemeal Crumb with New Potatoes | Sausage and Chips |
| VEGETARIAN OPTION | Vegetarian Bolognese | Quorn Curry | Cheese and Onion Quiche | Cheesy Pasta | Vegetarian Sausage |
| VEGETABLES | Broccoli | Sweetcorn | Peas and Carrots | Sweetcorn and Green Beans | Baked Beans |
| SALAD BAR | Beetroot | Mixed Salad | Coleslaw | Coleslaw | Carrot and Pepper Sticks |
| DESSERT | Oaty Apple and Sultana Crumble with Custard | Steamed Sponge and Custard | Chocolate Surprise Cake | Jam Tart with Custard | Oaty Biscuit with Orange Wedge |

Bread is served daily. Fresh fruit is available daily.