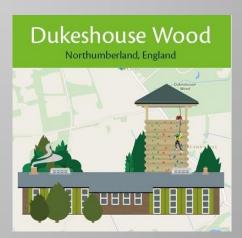


Year 4 Residential Visit 4th - 5th May 2023





There's nothing quite like a school trip to celebrate the end of a school year. A 'rewarding farewell' residential adventure is often seen as both a wonderful 'send-off' and rite of passage into middle school.

The research also found a significant link between academic attainment and residential experiences. Teachers reported:

Increased progress in learning

Improved confidence, motivation and resilience

Students have a better awareness of their strengths and where they needed to improve

Residential experiences offer unparalleled character-building moments in a safe and structured setting. There are so many opportunities for young people to identify their own character whilst navigating new environments.

Why are we going?



Today's Meeting Aims

- Health and safety
- Medical and Dietary Requirements
- Share Itinerary
- Preparation
- Kit list refresh

Dukeshouse Wood – Health and Safety

https://www.kingswood.co.uk/locations/dukeshouse-wood

Evolve – NCC /registered / licences / risk assessments / trained staff Safe accommodation and onsite 24hour residential staff support.

Year 4 will be taken out of their comfort zone in a safe environment.

They'll learn to work as a team, trust themselves and one another, and take on challenges they never thought possible – all while having the time of their lives!

Behaviour Management Policy:

Verbal support – reminders
Time out of an activity/ code of conduct
Removal from the activity
Removal from the Residential

Medicines and Dietary Requirements

We are concluding liaisons with the catering team over the next few weeks but I have full assurances all dietary requirements will be met.

Next week we will contact families individually to discuss any medical needs or medication being taken on the residential. Also to ensure they can be signed over on the morning of the visit – if not before.

Itinerary

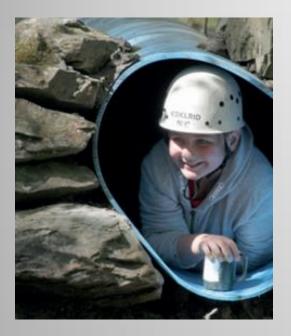
We ask you to arrive at school with your children and their bags at 8:50am (normal school time) Please drop your child's bag off in the hall and say goodbye to them there. The Year 4 residential team will meet you there!

- Medication being taken for individual children will be signed over to staff and taken account for by the relevant adult.
- Parents will say their goodbyes in the hall
- Children will be picked up at 3pm as usual on Friday 5th May.
- NO NEWS IS GOOD NEWS! We will not be sending messages during the visit but please have every confidence the children are having fun.

Our Day Plans Programme of Activities

Thursday	Friday
8.50 – Arrive at school (leave bags in the hall) Team Building Activities Lunch Leave for Dukeshouse Wood Arrival, Room Allocation and Meeting Course Director Activity 1 DINNER Activity 2 Campfire BEDTIME: 8:30pm settling LIGHTS OUT: 9pm	WAKE UP TIME: 7:30am Breakfast Activity 3 Activity 4 Lunch Leave Dukeshouse Wood Arrive back at school

Our Activities





- 3G Swing
- Bushcraft Fire Lighting
- Obstacle Challenge
- Campfire







	Corbridge Church of England Aided First School - KW90130 04.05.2023 - 05.05.2023										
Thursday											
1						Arrival - Meet your course director 14:30	3G Swing 16:00	Dinner	Bushcraft - Fire Lighting	Campfire	
2						Arrival - Meet your course director 14:30	Obstacle Challenge 16:00	Dinner	3G Swing	Campfire	
3						Arrival - Meet your course director 14:30	16:00	Dinner	Obstacle Challenge	Campfire	
4						Arrival - Meet your course director 14:30	Bushcraft - Fire Lighting 16:00	Dinner	Archery	Campfire	
						Friday					
1	Breakfast	Archery 09:15	Obstacle Challenge 10:45	Lunch	Departure 13:05						
2	Breakfast	Bushcraft - Fire Lighting 09:15	Archery 10:45	Lunch	Departure 13:05						
3	Breakfast	3G Swing 09:15	Bushcraft - Fire Lighting 10:45	Lunch	Departure 13:05						
4	Breakfast	Obstacle Challenge 09:15	3G Swing 10:45	Lunch	Departure 13:05						



Kingswood Group Leader:

Breakfast:

Lunch:

Dinner:

Preparation

- Making beds
- Personal Showering
- Tying back hair / hair brushing
- Shoe laces / fastenings
- Clothing fastenings

The children will be supported with all they need but developing independence is such a great skill and many children gain huge confidence in themselves following our residential experiences.

Kit List

Please help your grown ups pack your bag and you can use these lists to help you be sure you have what you need!

Remember to label everything you can and understand that the kit will become muddy!

Please remember a large plastic bag for dirty clothes.

OUTDOOR KIT

2 Pairs of Trainers – Trainers that you don't mind getting wet/dirty

Socks - You will need at least 2 pairs of thick socks to keep your feet warm whilst out on activities. Anything other than Nylon is perfect! You will also need other socks for when you aren't on activities.

Long leg trousers - Tracksuit trousers, fleece and Poly-cotton are all great choices! JEANS ARE NOT

SUITABLE! So please don't bring them. They will get heavy and uncomfortable when wet. Plus they take a long time to dry.

Hoodie/ Fleece - **Warm long sleeves tops are a must** - Fleece is best! Acrylic, Wool and Poly-Cotton are good choices too.

Plenty of T-shirts! – at least 2 which are long sleeved Plenty of underwear!

Hat

Gloves

Waterproofs – As you know there's a constant chance of rain, so waterproof jacket and trousers are crucial to fighting off the elements Wellies

SUNNY/WARM
WEATHER
Sun Screen
Sun hat / Cap

PERSONAL KIT

Wash kit - toothbrush, soap or body wash, shampoo, if they wish to bring deodorant it must be roll on

1 towel

Bottle for drinking water - You need to stay hydrated whilst out on your activities, so this is essential! Please ensure the water bottle is named.

Casual Clothes - For when you don't plan on getting wet and muddy!

Nightwear - Something for you to sleep in.

A teddy

Book, playing cards or colouring books...etc – for quiet activities

Hair bobbles – long hair must be tied back at all times

What you don't need!

No electronics: (phone, iPad, kindle etc)

No expensive watches or clothing

No cameras (We will take LOTS of pictures throughout the trip)

No Jewellery or toys

No sweets or snacks

What you might like to bring...

A book for reading at quiet time
A note book or colouring book for quiet time
Optional Spending Money - No more than £5, in a labeled purse/ envelope, handed to staff by Tuesday 2nd May

