| Food Item | Nuts | Peanuts | Eggs | Milk | Fish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Spaghetti Bolognaise with Garlic Bread |  |  |  | x |  |
| Oaty Apple and Sultana Crumble with Custard |  |  |  | x |  |
| Chicken and Spinach Tikka Masala with Rice |  |  |  |  |  |
| Quorn Curry |  |  | x |  |  |
| Steamed Sponge and Custard |  |  |  | x |  |
| Gammon and Pineapple with Roast Potatoes |  |  |  |  |  |
| Cheese and Onion Quiche |  |  | x | x |  |
| Chocolate Surprise Cake |  |  | x | x |  |
| Salmon Fillet in Wholemeal Crumb with New Potatoes |  |  |  |  | x |
| Cheesy Pasta |  |  |  | x |  |
| Jam Tart with Custard |  |  |  | x |  |
| Sausage and Chips |  |  |  | x |  |
| Vegetarian Sausage |  |  |  |  |  |
| Oaty Biscuit with Orange Wedge |  |  |  | x |  |
| Spanish Chicken |  |  |  |  |  |
| Quorn Spanish Chicken |  |  | x |  |  |
| Banana Cake with Custard |  |  | X | x |  |
| Pork Baguette with Potato Wedges |  |  |  | x |  |
| Cheese Baguette |  |  |  | X |  |
| Chocolate Muffin |  |  | x | x |  |
| Minced Beef and Yorkshire Pudding with Mashed Potato |  |  | x | X |  |
| Vegetarian Mince |  |  |  |  |  |



| Crustacean | Molluscs | Gluten | Celery | Lupin | Mustard | Sesame <br> Seeds | Soya |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  | x |  |  |  |  |


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